

Belief Systems and Their Influences

Many things influence the human population. Some of them for good and others for bad. They influence the basics of life. One of the things that influences human behavior is belief systems. Belief systems are also known as religions. Religion has a big impact on human behavior. Belief systems influence how we live our lives, treat others, and should only influence human kind positively.

Buddhism influences people in many ways. In the religion of Buddhism there is no god so there are no rules from god that they follow. There are scriptures that have basic rules most of which came from the founder of Buddhism, Siddhartha Gautama. He was a Hindu prince, but one he saw suffering he left his life behind in search of enlightenment. He was the first person to reach it so he influenced others to be like him. Buddhists believe that they will keep being reborn until they reach enlightenment and Nirvana. Nirvana is their afterlife.

The Eight Fold Path is a major influence in Buddhism. It lists everything you have to do to reach enlightenment. The steps are right views, thoughts, speech, karma livelihood, practice, mindfulness, and meditation. Everyday Buddhists follow these in order to reach enlightenment. People have to follow other rules to if they want to practice Buddhism. Another rule is do not consume intoxicants. That means don't use drugs or alcohol. Buddhists can't consume anything that could cloud their mind. That is one of their most basic rules.

Religion should only affect human behavior positively. All of the world religions are meant to be positive. It's the way that people interpret their beliefs and rules that has negative effects. In Hinduism you can't convert to it, you have to be born into Hinduism to be Hindu. (Tyler's group). A common view on how people take their belief systems in a negative way is terrorists. Muslim terrorist attack us because of their belief systems. Some don't like others who don't believe in the same religion as themselves.

Is it possible to make every one's influence be positive? That is not possible. Everyone human being will always have their own view on what is right and what is wrong. When people do something in the name of their god they always think they are doing what's best. If everyone followed the religion the way it was originally practiced they would be practicing in a very positive way.

All people should practice their religions in a positive way. In Buddhism you are always suppose to be positive and kind to others. They say negative deeds take you farther away from nirvana. That influences Buddhists to do good deeds. Religion is one of the largest factors that influences human behavior.