

# Definition of a client centred practice

**“ When the client and practitioner collaboratively engage in the therapeutic process.”**

**“An approach to treatment that demonstrates respect for and partnership with the individual or group receiving service.”**

**Crepeau, E.B., Cohn, E.S., & Boyt Schell, B.A. (Eds.). (2009). *Willard and Spackman's occupational therapy* (11<sup>th</sup> ed.).(pp 218 and 329). Philadelphia: Wolters Kluwer/Lippincott, Williams and Wilkins.**

# Seven core concepts of client-centred practice

**Respect for clients and their families and the choices they make**

**Recognition that clients and families have the ultimate responsibility for decisions about daily occupational and occupational therapy services**

**Provision of information, physical comfort, and emotional support with an emphasis on person-centred communication**

# Seven core concepts of client-centred practice (continued)

**Facilitation of client participation in all aspects of OT services**

**Delivery of flexible, individualised OT services**

**Facilitation of the capacity of clients to solve their occupational performance issues**

**Recognition of and focus on the PEO relationship**

Rosa, S.A. (2009). *Client-centred collaboration* In E.B. Crepeau, E.S. Cohn, & B.A. Boyt Schell (Eds.). *Willard and Spackman's occupational therapy* (11<sup>th</sup> ed., p 287). Wolters Kluwer/Philadelphia: Lippincott, Williams and Wilkins.

# Barriers to client centred practice

- **Clinician barriers**
- **Client barriers**
- **Client-clinician relationship barriers**
- **Context or environmental barriers**

**Specifically what do you think may be the barriers?**

# Example of client centred practice

**Your client is a 18 year old man who has sustained a head injury. He has severe incoordination and wants to feed himself. However, he is very messy and his father insists on feeding him. Do you insist? Will that work? As an OT working in a client centred practice, what other suggestions can you and your partner come up with? What other interventions may assist?**



# Examples of client centred practice.

**Your client is an 80 year old woman who requires a walking frame. However, she does not want to use her walking frame inside the home. Do you insist? Will that work? As a home visiting OT working in a client centred practice, what other suggestions can you and your partner come up with? What interventions may assist?**

